

Referrals

Chiropractor

Dr. Wayne Coleman, DC
Hands on Chiropractic
5737 Valley Avenue, #D
Pleasanton CA 94566
925-846-2878 Hands On Chiropractic

Personal Trainer

Dan Taylor, NASM-CPT, ACE certified
Tailored Fitness Tailored Fitness
Pamela Ben Rached, Nationally Certified Personal Trainer Body by Pam 21168 Redwood Road, Suite 110 Castro Valley, CA 94546 (510) 537-9354 pam@bodybypam.com www.bodybypam.com

Dietitian

Anne Moselle, MS, RD
Lifestyles RX
1119 E Stanley Blvd
Livermore
925-454-6316

Podiatrists

Dr. Sonia Erickson
Dr. Lisa Bruener 5725 West Las Positas Blvd., #280 Pleasanton CA 94588 925-416-0990
Health Food Store Health Unlimited 3446 Village Drive Castro Valley 510-581-0220 Health Unlimited
Healthy Lifestyle Coach
Tawni Gomes, lifestyle coach
<http://www.nomoreexcuses.net/>