

Upcoming Races

Triathlons and Open Water Swim

Trail races 5k - 1/2 marathon

Triathlons and Running

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Trail races 5k - 50k Road Races: September 11: Bean Run 2010 in Tracy 5k, 10k October 3: Rock n Roll San Jose Half Marathon October 24: Grape Stomp Half marathon, 10k, 5k in Livermore Trail Races: September 12: Drag-n-Fly Trail Runs Contra Loma/Black Diamond Mines September 18: PCTR Redwood Park 10k, 20k, 30k, 50k in Oakland October 3: PCTR Skyline Ridge 14k, 23k, 37k, 50k in Palo Alto October 16: Rocky Ridge Half Marathon, 10k, 5k Las Trampas Wilderness San Ramon Triathlons: September 5: 18th Annual Bear Valley Triathlon September 25: #1 3rd Annual Central Valley Triathlon in Oakdale October 24: #2 3rd Annual Central Valley Triathlon in Tracy November 7: 14th Annual Salmon 5k/Duathlon in Knights Ferry